

## **Williamson County Parks & Recreation**

### **Adult Basketball Rules**

#### **A. PLAYERS & ELIGIBILITY**

1. All players must be at least 18 years of age to participate in WCPR Adult Leagues.
2. League fees must be paid prior to the first scheduled game. Refunds will not be issued once the season begins.
3. Teams may have up to 12 players on their rosters. No player can be added to the roster after the fifth (5<sup>th</sup>) week of play. All players must fill out the roster (name, address, telephone number, email address, signature) prior to playing.
4. It is the coach's responsibility to have all players understand and abide by the league rules, as well as sign the roster and meet all eligibility requirements of the league. Ignorance of the rules will not be an excuse.
5. Teams must provide same color T-shirts or jerseys with different numbers that are clearly legible by the third week of play. Teams failing to provide their own jerseys may be subject to defaulting the game.
6. Teams may start game with 4 players. If a 5<sup>th</sup> player does not arrive by halftime, the game shall be ruled a forfeit.
7. No jewelry shall be worn. Exception - medical ID tags which must be taped to the body and flat wedding bands.
8. No hard casts are allowed on the wrist or arms. Leg / knee braces with exposed hard materials will only be allowed if they are sufficiently covered with soft padding (i.e. an ace bandage).
9. Blood Rule: No player will be allowed to play with an open, bleeding wound. A player may not re-enter the game until the bleeding is stopped. Referee's judgment will prevail in regards to blood on the uniform.

#### **B. TIMING REGULATIONS**

1. Games will start at the scheduled time. Teams will be given a five minute warm-up time at the scheduled game time. At the end of the warm-up time, if a team does not have 4 players, the game will be a forfeit.
2. Teams may start the game with 4 players. If a 5<sup>th</sup> player does not arrive by halftime, the game will be ruled a forfeit.
3. The clock will be a running clock with two 20 minute halves. Halftime will be 4 minutes.
4. The clock will stop during the last minute of each half for all made baskets, fouls, injuries, out-of-bounds, change of possession, jump balls, time outs, and other whistles if the point difference is twelve (12) points or less.
5. Teams will receive three (3) time outs per game.
6. All overtime periods will be 2 minutes. The clock will stop during the last minute of each overtime period all made baskets, fouls, injuries, out-of-bounds, change of possession, jump balls, time outs, and other whistles if the point difference is twelve (12) points or less. Teams will be given one (1) time out per overtime period. Time outs do not carry over into overtime periods.

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**C. WCPR LEAGUE RULES**

1. TSSAA High School Handbook will supplement WCPR League Rules.
2. Jump ball to start each game and overtime period, then alternate possession.
3. **NO DUNKING, ATTEMPTING TO DUNK, GRABBING, OR HANGING ON THE RIM.** This will result in the forfeiture of the game. If dunking occurs after the game, the next scheduled game will be an automatic forfeit.
4. **MERCY RULE:** The game will be ended if a team is up by:
  - a. 30 points with 5 minutes remaining.
  - b. 20 points with 2 minutes or less remaining.
5. Any unsportsmanlike conduct will result in a technical foul.
6. Players will receive technical fouls if there is an exchange between players that is considered by an official to be taunting or baiting in nature. Two technical fouls on the same player or coach will result in an ejection of said player and suspension from future contests. Ejected players, coaches and spectators must leave the premises.
7. Three technical fouls of any nature called against a team in one game will result in a forfeit. If a team forfeits two games due to misconduct technical fouls, they will be reviewed by the WCPR Athletics Staff relative to their continuing participation in the league.
8. All players are limited to 6 fouls per player, per game. Technical fouls count toward the team and individual total.
9. During a free throw, players in the lane spaces may not enter the free throw lane until the ball hits the rim. The shooter and all players outside the 3-point line may not enter the lane/3-point area until the ball touches the rim.
10. All postseason play will be a single elimination tournament, unless otherwise stated.
11. Tournament seedings will be determined after the last game of the season.
12. Tie breaker for teams with the same record will be head to head results, then point differential.

**D. FORFEITS & DEFAULTS**

1. A team forfeits when the entire team is a no-show or the team does not have the correct number of players to start the game on time. Teams must inform WCPR Athletics Staff if they are not going to be able to show up for the scheduled contest. Any no call, no show will jeopardize a team's eligibility for postseason play.
2. A team defaults when contacting the league coordinator at least 24 hours in advance of their next game to give plenty of time to notify the opposing team they will be receiving the win. The game will not be rescheduled. One default is given per team, per regular season play; two or more defaults will count as a forfeit(s).
3. Any team forfeiting three games during the season will be dropped from the league.
4. All forfeits will result in a score of 20-0. If both teams forfeit, the score will be 0-0.
5. Forfeited or defaulted games will not be re-scheduled.